

Directory of Community Services

HELP

35th Edition



MENTAL HEALTH ASSOCIATION
in Niagara County

*Brought to you by the Mental Health Association
In Niagara County*

“The Information and Referral Specialists”

PHONE: 716-433-3780

WEBSITE: WWW.MHANC.COM

HELP LINE: 716-433-5432

EMERGENCY PHONE NUMBERS IN NIAGARA COUNTY

Niagara County Crisis Services Hotline (24/7)	716-285-3515
National Suicide Prevention Lifeline	1-800-273-8255
Veterans Crisis Line	1-800-273-8255 Press 1
NYS Child Abuse Hotline	1-800-342-3720
Alzheimer's Association Helpline (24/7)	1-800-272-3900
Pinnacle Community Services	
Domestic Violence Hotline (Local)	716-299-0909
Runaway Youth Hotline (local)	716-285-7125
YWCA Crisis Hotline (text or call)	716-433-6716
Poison Control Center of WNY	1-800-222-1222
Suicide and Crisis Lifeline	call or text 988
Crisis Text Line	text 741741

In the case of any other emergency, please call 911

What is the Help Book?

You are holding the 35th edition of the Help Book, first published in 1981. The MHA in Niagara County is proud to be the official information and referral source for all of Niagara County. Through our partnership with the Niagara County Department of Mental Health and Substance Abuse Services, our referral services are available anytime of the day or night through our printed directories, resource guides, and through our website, www.mhanc.com. Our phone referral system, known as the Help Line, is staffed Monday-Friday, 8:30am-4:00pm. During these times there will be someone standing by to help you with the information in our many directories. One Help Line number serves all of Niagara County: 716-433-5432.

Since our founding in 1964, we have offered a variety of programs and support services for all members of the community. You can learn more about MHA in Niagara County by visiting our website, dropping by our office, or giving us a call. We look forward to hearing from you!

Good Health to You,

Daniel Colpoys
Executive Director
www.mhanc.com

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ADDICTIONS

Addict 2 Addict

wnyil.org/Independent-Living-of-Niagara-County/A2A-F2F-Niagara
Niagara County.....716-398-4333

Alcoholics Anonymous (AA)

www.buffaloaany.org
Buffalo.....716-853-0388

Anchoring Hope of NY.....716-778-0389

www.anchoringhope.org

Beacon Center

www.beaconcenter.net
Lockport.....716-439-6815
Niagara Falls.....716-282-4480

Brylin Hospital

www.brylin.com
Inpatient716-886-8200
Outpatient716-632-5450
All services 1-800-727-9546

Cazenovia Recovery716-852-4331

www.cazenoviarecovery.org
Sundram Manor (Niagara Falls).....716-284-6228
Madonna House (Lockport).....716-438-9131
Somerset House (Appleton)716-795-3719
Housing Programs.....716-894-7298
Cazenovia Manor716-822-8932
Supportive Living716-299-0917

Gambler's Anonymous

www.gamblersanonymous.org
GA Hotline855-222-5542

The New York Council on Problem Gambling716-833-4274

www.nyproblemgambling.org

Horizon Health Services716-831-1800

www.horizon-health.org
Aurora Village (Sanborn)716-219-8700
Boulevard Recovery Center (Tonawanda).....716-833-3708
Delta Village (Sanborn).....716-638-9222
Freedom Village (Sanborn).....716-250-1860
Horizon Village (Sanborn).....716-731-2030
Lockport Recovery Center716-433-2484
Niagara Falls Recovery Center716-283-2000
Pine Avenue Recovery Center (Niagara Falls)716-505-1060

Sanborn Recovery Center.....	716-650-5550
Tonawanda Recovery Center	716-831-1850
Jewish Family Service	716-883-1914
www.jfsbuffalo.org	
Catholic Health	716-706-2112
www.chsbuffalo.org	
Mt. St. Mary's Hospital.....	716-297-4800
Clearview Treatment Services.....	716-298-2115
Mental Health Counseling.....	716-706-2112
Narcotics Anonymous	
www.nawny.org	
Niagara Falls	716-304-6880
Niagara-Orleans.....	716-478-6992
Niagara County Dept. of Mental Health & Substance Abuse Services	
www.niagaracounty.com.....	716-439-7400
Northpointe Council, Inc.	
www.northpointecouncil.org	
Outpatient (Lockport).....	716-433-3846
Outpatient (Niagara Falls)	716-278-8110
First Step Center.....	716-285-3421
NYS Addiction HOPEline	
Call.....	1-877-846-7369
Text.....	467-369
Save the Michaels of the World, Inc.	716-984-8375
www.savethemichaels.org	

CHILDREN / YOUTH

Adoption Star	716-639-3900
www.adoptionstar.com	
Buffalo Federation of Neighborhood Centers	716-856-0363
www.bfnc.com	
Boys and Girls Club, Inc. (Niagara Falls)	716-282-7181
Boy Scouts of America – Greater Niagara Frontier Council	
.....	716-891-1689
www.wnyscouting.org	
Camp Hope: Niagara Hospice	716-439-4417
www.niagarahospice.org	
Catholic Charities	
www.ccwny.org	
Service Information & Referral.....	716-856-4494

Lockport Office	716-433-0246
Niagara Falls	716-282-2351
North Tonawanda	716-694-7749
Monsignor Carr Children's Clinic	
Lockport	716-478-0315
Niagara Falls	716-205-0825
North Tonawanda	716-694-7749
Referrals	1-877-448-4466
Multi-Systemic Therapy	
Niagara Falls	716-282-4991
Lockport	716-478-0035
North Tonawanda	716-282-4991
WIC Niagara County	716-218-1484

Child Abuse Hotline

www.ocfs.state.ny.us/main/cps/

 Mandated reporters line..... 1-800-635-1522

 New York State..... 1-800-342-3720

Child Health Plus

www.health.ny.gov

 Children's Insurance Program 1-800-698-4543

Pediatric Dental: O'Shei Children's 716-323-6040

Niagara County Youth Bureau 716-278-6872

Community Missions 716-285-3403

www.communitymissions.org

 Youth Services (REACH)..... 716-285-3403 ext. 2231

 Aurora House
 716-433-1905 || Family Solutions Program (FSP) | 716-285-3403 |
| Juvenile Supported Case Management (JSCM)..... | 716-285-3403 |
| Girl Circle | 716-285-3403 |

Compeer Niagara for Youth 716-433-3780

www.mhanc.com

Cornell Cooperative Extension

www.cceniaragacounty.org

 Lockport
 716-433-8839 |

P3 Center for Teens, Moms, and Kids..... 716-278-4423

www.nfmcc.org

Pinnacle Community Services

www.pinnaclecs.org

 Lockport
 716-433-6019 || Niagara Falls (PASSAGE) | 716-285-6984 |
| Casey House - Runaway & Youth Services | 716-285-7125 |

Girl Scouts of Western New York.....888-837-6410

www.gswny.org

Hillside Children's Center.....888-514-4455

www.hillside.com

Intandem

www.intandem.org

Niagara Intake 716-504-2625

General 716-375-4747

Juvenile Aid Bureau

Lockport..... 716-439-6606

Niagara Falls 716-286-4568

North Tonawanda 716-692-4317

Mental Health Association in Niagara County, Inc.

www.mhanc.com

Main Offices 716-433-3780

Community Education and Trainings

Consumer Planning Advisory Committee (CPAC)

Compeer Niagara for Adults and Youth

Respite

Peer Programs

Support Groups

County-Wide Helpline 716-433-5432

National Center for Missing and Exploited Children 1-800-843-5678

www.missingkids.com

National Runaway Hotline 1-800-786-2929

www.1800runaway.org

New Directions Youth & Family Services

www.fosteringgood.org

Henrietta G. Lewis Campus School..... 716-433-9592

Home for Children..... 716-433-4487

Wayne A. Secord Therapeutic Preschool 716-433-9592

Empower WNY..... 716-297-0798

www.empower-wny.org

Niagara Community Action Program (NIACAP).....716-285-9681

www.niagaracommunityactionprogram.org

Niagara County Coalition for Suicide Prevention 716-439-7400 (press 1)

Niagara County Department of Health

www.niagaracounty.com

Children with Special Needs (Lockport) 716-439-7460

Children with Special Needs (Niagara Falls)..... 716-278-8180

Early Intervention..... 716-278-1691

Immunization Program 716-278-1903

Niagara County Department of Social Services

www.niagaracounty.com

All Offices..... 716-278-8400

Children's Services 716-278-8680

Child Protective Service 1-800-342-3720

Child Support Collection..... 1-888-208-4485

Niagara County Head Start

www.caowny.org

Lockport 716-216-3990

Niagara Falls 716-285-8883

North Tonawanda 716-693-7660

Niagara County Youth Bureau 716-278-6872

www.niagaracounty.com

Niagara Falls Memorial Medical Center

www.nfmhc.org

Child Advocacy Center 716-285-0045

Children's Single Point of Access (C.S.P.O.A.)..... 716-438-3071

www.niagaracounty.com

Youth Mentoring Services of Niagara County, Inc. 716-434-1855

www.youthmentoringservicesniagara.org

COMMUNITY SERVICE AGENCIES

Anchoring Hope of NY 716-778-0389

www.anchoringhope.org

Better Business Bureau 716-881-5222 / 1-800-828-5000

www.bbb.org

Boys and Girls Club, Inc. 716-282-7181

Brother's Keeper Outreach (Food & Clothing) 716-432-8940

Catholic Charities

www.ccwny.org

Service Information & Referral 716-856-4494

Lockport Office 716-433-0246

Niagara Falls 716-282-2351

North Tonawanda 716-694-7749

Monsignor Carr Children's Clinic

Lockport 716-478-0315

Niagara Falls 716-205-0825

North Tonawanda 716-694-7749

Referrals	1-877-448-4466
Multi-Systemic Therapy	
Niagara Falls	716-282-4991
Lockport.....	716-478-0035
North Tonawanda	716-282-4991
WIC Niagara County	716-218-1484
Community Missions	716-285-3403
www.communitymissions.org	
Consumer Credit Counseling of Buffalo, Inc.	
.....	716-712-2060 / 1-800-926-9685
www.cccsbuff.org	
Cornell Cooperative Extension	
www.ccenigaracounty.org	
Lockport.....	716-433-8839
Dale Association	716-433-1886
www.daleassociation.com	
Health Association of Niagara County, Inc. (Hanci)	
www.hanci.com	
Lockport.....	716-433-2664
Niagara Falls	716-285-8224
North Tonawanda	716-692-4855
Heart, Love & Soul	716-282-5687
www.heartloveandsoul.org	
Independent Living of Niagara County	
www.ilnc.org	
Main	716-284-4131
Voice/TDD	716-836-0822
Toll Free.....	1-800348-8399
Mental Health Association in Niagara County, Inc.	716-433-3780
www.mhanc.com	
County-Wide Helpline	716-433-5432
Niagara Community Action Program (NIACAP)	716-285-9681
www.niagaracommunityactionprogram.org	
Niagara County Sheriff's Office (non-emergency)	716-438-3393
www.niagarasheriff.com	
Community Services.....	716-438-3310
Domestic Violence.....	716-438-3310
Victim Assistance.....	716-438-3306
Tuscarora Community Health Worker Program	716-297-0598
www.nfmmc.org	

Salvation Army

www.salvationarmyusa.org

Lockport 716-434-1276

Niagara Falls 716-283-7697

Tonawanda..... 716-693-3110, 3545

Save a Pet Niagara 716-559-3020

www.saveapetniagara.com

Society for the Prevention of Cruelty to Animals (SPCA) ... 716-731-4368

www.niagaraspca.org

Sister Helen's Food Pantry and Outreach..... 716-433-8118**United Way of Greater Niagara** 716-731-4580

www.uwgn.org

COUNSELING**Pinnacle Community Services** 716-285-6984

www.pinnaclecs.org

Catholic Charities

www.ccwny.org

Service Information & Referral 716-856-4494

Lockport Office 716-433-0246

Niagara Falls 716-282-2351

North Tonawanda 716-694-7749

Monsignor Carr Children's Clinic

Lockport 716-478-0315

Niagara Falls 716-205-0825

North Tonawanda 716-694-7749

Referrals 1-877-448-4466

Multi-Systemic Therapy

Niagara Falls 716-282-4991

Lockport 716-478-0035

North Tonawanda 716-282-4991

WIC Niagara County 716-218-1484

Christian Counseling Ministries of WNY, Inc. 716-632-3200

www.ccmwny.org

Camp Hope: Niagara Hospice..... 716-439-4417

www.niagarahospice.org

Parachute Credit Counseling (formerly Consumer Credit Counseling of Buffalo, Inc.) 716-712-2060 / 1-800-926-9685

www.cccsbuff.org

- Community Health Center of Lockport** 716-986-9199
www.chcb.net
- Dale Association**
www.daleassociation.com
 Administrative Offices 716-433-4440
 PROS Center for Wellness 716-433-1937
- Everywoman Opportunity Center** 202-540-0247
www.everywoman.org
- Pinnacle Community Services**
www.pinnaclecs.org
 Lockport..... 716-433-6019
 Niagara Falls 716-285-6984
- Heart, Love & Soul** 716-282-5687
www.heartloveandsoul.org
- Hillside Children's Center** 888-514-4455
www.hillside.com
 24 Hour Service & General Information 585-256-7500
- Horizon Health Services** 716-831-1800
www.horizon-health.org
 Aurora Village (Sanborn) 716-219-8700
 Boulevard Recovery Center (Tonawanda)..... 716-833-3708
 Delta Village (Sanborn)..... 716-638-9222
 Freedom Village (Sanborn)..... 716-250-1860
 Horizon Village (Sanborn)..... 716-731-2030
 Lockport Recovery Center 716-433-2484
 Niagara Falls Recovery Center..... 716-283-2000
 Pine Avenue Recovery Center (Niagara Falls) 716-505-1060
 Sanborn Recovery Center..... 716-650-5550
 Tonawanda Recovery Center 716-831-1850
- Isaiah Mantooth-Jordan**..... 716-418-3885
 21 Main St., Suite 1-10C, Lockport, NY 14094
- Jewish Family Service** 716-883-1914
www.jfsbuffalo.org
- Haven of Hope Pregnancy Services**..... 716-434-0251
www.havenofhopelockport.com
 24 Hour Assistance 877-791-5475
- Mental Health Association in Niagara County, Inc.**
www.mhanc.com
 Main Offices..... 716-433-3780
 Community Education and Trainings

Consumer Planning Advisory Committee (CPAC)
 Compeer Niagara for Adults and Kids
 Respite
 Peer Programs
 Support Groups
 County-Wide Helpline 716-433-5432

Niagara County Department of Mental Health

www.niagaracounty.com
 Adult Mental Health Clinic - Lockport (Transit Rd) ..716-439-7400
 Adult Mental Health Clinic - Niagara Falls
 (Trott).....716-278-1940

Niagara Falls Memorial Medical Center

www.nfmmc.org
 Niagara Wellness Connection Center 716-278-4541
 General Information..... 716-278-4000

Niagara Hospice 716-439-4417 / 716-HOSPICE

www.niagarahospice.org

Northpointe Council, Inc.

www.northpointecouncil.org
 Outpatient (Lockport) 716-433-3846
 Outpatient (Niagara Falls) 716-278-8110
 First Step Center..... 716-285-3421

YWCA Crisis Hotline (text or call, local) 716-433-6716

North Tonawanda Recovery And Treatment Center 716-694-1225

Samaritan Counseling Center of WNY ... 716-743-9117 / 1-800-660-5053

www.sccwny.com

CRISIS HOTLINES / EMERGENCY SERVICES

NYS HIV/STI/HCV Hotline 1-800-541-2437

www.nyaidline.org

Child Abuse Hotline

www.ocfs.state.ny.us/main/cps/

Mandated Reporters 1-800-635-1522

Voluntary Reporters..... 1-800-342-3720

Community Missions

www.communitymissions.org

Emergency Housing & Crisis Shelter.....716-285-3403

- Community Services For Every1** 716-883-8888
www.csevery1.com
 Community Referrals / HELP 716-883-8002
- Suicide and Crisis Lifeline**.....call or text 988
- Crisis Text Line**.....text 741741
- Niagara County Crisis Services** 716-285-3515
- Domestic Violence Hotlines (Local)**
 Pinnacle DV Hotline 716-299-0909
 YWCA Crisis Hotline (text or call, local) 716-433-6716
- Domestic Violence Hotline (National)** 1-800-799-7233 / TTY 1-800-787-3224
www.thehotline.org
- Pinnacle Community Services** 716-285-6984
www.pinnaclecs.org
 Runaway & Youth Services Hotline 716-285-7125
- Grad Student Hotline (GRADHLP)**
www.gradresources.org
 National Grad Crisis Line 1-877-472-3457 / 1-800-GRAD-HLP
- HIV Counseling Hotline** 1-800-872-2777
- National Suicide Prevention Lifeline** 1-800-273-8255
www.suicidepreventionlifeline.org
- NYS Domestic and Sexual Violence Hotline** 1-800-942-6906
www.opdv.ny.gov
- 24 Hour National Pregnancy Center Emergency Helpline**
www.optionline.org
 Option Line 1-800-712-4357
 Option Text Line text "HELPLINE" to 313131
- Poison Control Center of WNY** 1-800-222-1222
www.upstate.edu/poison
- Postpartum Depression Hotline (PPD MOMS)** 1-800-773-6667
- Spanish Speaking Suicide Hotline** 1-888-628-9454
- Niagara County Crisis Services** 716-285-3515
- The Trevor Project** 1-866-488-7386
www.thetrevorproject.org
 *Crisis intervention and suicide prevention for Lesbian, Gay, Bisexual,
 Transgender, & Questioning youth.
- Vets 4 Warriors** 1-855-838-8255
www.vets4warriors.com
- Veterans Suicide Hotline** 1-800-273-8255 Press 1
- Youth Line (Teen to Teen Peer Counseling Line)** 1-877-968-8454

EDUCATION / TRAINING

Cornell Cooperative Extension

www.ccenigaracounty.org

Lockport 716-433-8839

Everywoman Opportunity Center..... 202-540-0247

www.everywoman.org

Pinnacle Community Services 716-285-6984

www.pinnaclecs.org

Literacy Buffalo-Niagara, Inc.

www.literacybuffalo.org

Lockport mobile office 716-433-7014

Niagara Falls Office 716-299-0916

Mental Health Association in Niagara County, Inc. 716-433-3780

www.mhanc.com

New Directions Youth & Family Services

www.fosteringgood.org

Henrietta G. Lewis Campus School 716-433-9592

New Directions Campus..... 716-433-4487

Wayne A. Secord Therapeutic Preschool..... 716-433-9592

SUNY Niagara (formerly Niag. Co. Comm. College)..... 716-433-9592

www.sunyniagara.edu

Niagara University 800-778-3450

www.niagara.edu

Niagara County Department of Mental Health

www.niagaracounty.com

Training for Community Professionals 716-439-7410

Community Action Org. of WNY: Head Start..... 716-878-0220

Donovan Center (Niagara Falls) 716-217-9540

Lockport 716-216-3990

Niagara Falls..... 716-216-3880

North Tonawanda 716-262-9919

Wilson Center 716-751-9341

SUNY Niagara Continuing Education 716-614-6200

www.sunyniagara.edu

Orleans-Niagara BOCES..... 716-731-6800

www.onboces.org

EMPLOYMENT

Community Missions 716-285-3403
www.communitymissions.org

Niagara Visions PROS 716-205-8708

Intandem

www.intandem.org

Niagara Intake 716-504-2625

Cattaraugus Intake 716-375-4747

New York State Department of Labor

www.dol.ny.gov

Individual Unemployment Insurance (UI) 888-209-8124

Lockport DOL 716-433-6766

Niagara Falls Career Center 716-278-8258

Niagara County Department of Employment & Training... 716-278-8140

www.worksource1.com

Lockport One-Stop Center 716-433-6766

Niagara Falls One-Stop Center 716-278-8108

New York State Education Department

www.acces.nysed.gov

NYSED General Information 518-474-3852

ACCES-VR 1-800-222-5627

TASC (Formerly GED) 518-474-5906

FAMILY

Adoption Star

www.adoptionstar.com

Main Office (Toll Free) 1-866-691-3300

Text Line 800-639-0709

Buffalo Location 716-639-3900

Catholic Charities

www.ccwny.org

Service Information & Referral 716-856-4494

Lockport Office 716-433-0246

Niagara Falls 716-218-1484

North Tonawanda 716-694-7749

Monsignor Carr Children's Clinic

Lockport 716-478-0315

Niagara Falls 716-205-0825

North Tonawanda 716-694-7749

Referrals 1-877-448-4466

Multi-Systemic Therapy

Niagara Falls 716-282-4991

Lockport 716-478-0035

North Tonawanda 716-282-4991

WIC Niagara County 716-218-1484

Cornell Cooperative Extension

www.cceniaracounty.org

Lockport 716-433-8839

Pinnacle Community Services 716-285-6984

www.pinnaclecs.org

Lockport Office 716-433-6019

Domestic Violence Hotline & PASSAGE Shelter 716-299-0909

Runaway Hotline & Youth Shelter 716-285-7125

Niagara Falls Office 716-285-6984

Lockport CSD Family Empowerment Center 716-478-4865**Niagara Falls CSD Family Resource Center** 716-278-5860**North Tonawanda CSD Family Resource Center** 716-807-3627**Intandem**

www.intandem.org

Niagara Intake 716-504-2625

Cattaraugus Intake 716-375-4747

Jewish Family Service 716-883-1914

www.jfsbuffalo.org

Haven of Hope Pregnancy Services 716-434-0251

www.havenofhopelockport.com

24 Hour Assistance 877-791-5475

Mental Health Association in Niagara County, Inc.

www.mhanc.com

Main Offices 716-433-3780

Community Education and Trainings

Consumer Planning Advisory Committee (C.P.A.C.)

Compeer Niagara for Adults and Kids

Respite

Peer Programs

Support Groups: Anxiety/Depression, Grief Share

County-Wide Helpline 716-433-5432

Niagara County Department of Health

www.niagaracounty.com

Children & Adults with Special Needs (Lockport) ... 716-439-7460

Children & Adults with Special Needs (Niagara Falls).....

..... 716-278-8180

Early Intervention	716-278-1691 / 716- 278-8180
Healthy Neighborhoods Program.....	716-439-7479
Immunization Program.....	716-278-1903
Nursing Division.....	716-278-1900
Nursing Division - After Hours & Holidays.....	716-439-7430
Niagara County Department of Social Services	716-278-8400
www.niagaracounty.com/socialservice	
Tuscarora Community Health Worker Program	716-297-0598
www.nfmmc.org	
Packard Court Community Center	716-278-0228
www.nfha.org	
Save the Michaels of the World, Inc.	716-984-8375
www.savethemichaels.org	
Women’s Respite Program.....	716-246-2065
www.womensrespite.org	
YMCA	
www.ymcabuffaloniagara.org	
Lockport.....	716-434-8887
YWCA	
www.ywcaniagarafontier.org	
Lockport.....	716-434-6714
Tonawandas	716-692-5580
Carolyn’s House.....	716-278-9662
Crisis Hotline.....	716-433-6716

FINANCIAL

Allconnect (Internet Shopping Services).....	844-845-3968
www.allconnect.com	
Buffalo Federation of Neighborhood Centers	716-856-0363
www.bfnc.com	
Parachute Credit Counseling (formerly Consumer Credit Counseling of Buffalo, Inc).....	716-712-2060 / 1-800-926-9685
www.cccsbuff.org	
H.E.A.P. (Home Energy Assistance Program)	1-800-342-3009
www.otda.ny.gov	
Niagara County Department of Social Services.....	716-278-8400
Niagara County Office for the Aging (over 60)
.....	716-438-4016 / 716-438-4020
After Hours Emergency Contact.....	716-285-3403
Internal Revenue Service (Free tax return preparation)	
www.irs.gov	

Individuals 1-800-829-1040

Businesses 1-800-829-4933

New York State Unemployment Assistance

www.ny.gov/services/get-unemployment-assistance

Claims 1-888-209-8124

Niagara Community Action Program (NIACAP) 716-285-9681

www.niagaracommunityactionprogram.org

Lockport Neighborhood Center 716-433-6632

Niagara Falls Neighborhood Center 716-285-6134

North Tonawanda Neighborhood Center 716-694-9727

Nutrition Outreach and Education 716-439-1322

Niagara County Department of Social Services 716-278-8400

www.niagaracounty.com

Program Eligibility Department (Family Assistance, Safety Net, Temporary Disability Assistance-TDA, Food Stamps-EBT).....716-278-8400

NYS Child Support Call Center 1-888-208-4485

NYS Payment Information & Forms 1-800-846-0773

Non-Public Assistance Daycare (Lockport) 716-439-7656

United States Social Security Administration

www.ssa.gov

Hotline and Information.....

..... 1-800-772-1213 / (TTY) 1-800-325-0778

Niagara Falls 716-283-2614

FOOD & CLOTHING

Brother's Keeper Outreach (Food & Clothing) 716-432-8940

Catholic Charities

www.ccwny.org

Service Information & Referral 716-856-4494

Lockport Office 716-433-0246

Niagara Falls 716-282-2351

North Tonawanda 716-694-7749

Monsignor Carr Children's Clinic

Lockport 716-478-0315

Niagara Falls 716-205-0825

North Tonawanda 716-694-7749

Referrals 1-877-448-4466

Multi-Systemic Therapy

Niagara Falls 716-282-4991

Lockport 716-478-0035

North Tonawanda 716-282-4991

WIC Niagara County	716-218-1484
Community Missions	
www.communitymissions.org	
Emergency Housing & Crisis Shelter	716-285-3403
Heart, Love & Soul	716-282-5687
www.heartloveandsoul.org	
Food pantry (between 10am and 1 pm)	716-282-5681
Meals on Wheels	
www.mealsonwheelsamerica.org	
MOW For WNY	716-822-2002
www.mealsonwheelswny.org	
Lockport.....	716-433-6811
Niagara Falls	716-282-3468
North Tonawanda.....	716-693-1663
www.ntmow.com	
Niagara Community Action Program (NIACAP)	716-285-9681
www.niagaracommunityactionprogram.org	
Lockport Neighborhood Center.....	716-433-6632
Niagara Falls Neighborhood Center	716-285-6134
North Tonawanda Neighborhood Center	716-694-9727
Nutrition Outreach and Education	716-439-1322
Niagara County Department of Social Services	
www.niagaracounty.com/socialservices	
SNAP	716-278-8400
Niagara County Food Pantries - (By Zip Code)	
14094	
Brother's Keeper Outreach	716-432-8940
Emmanuel UMC Little Free Pantry.....	716-433-2838
NIACAP Lockport Pantry.....	716-433-6632
Raymond Community Church	716-434-3175
St. John's Food Pantry	716-433-8118
St. Vincent DePaul	716-433-0593
Lockport Salvation Army	716-434-1276
Sister Mary Loretto Community Soup Kitchen.....	716-434-1276
14108	
Central Niagara Food Pantry	716-778-9822
First Baptist Church in Newfane.....	716-778-9216
14120	
Little Free Pantry - Lumber City Church	716-260-2757
Little Free Pantry - Nash Road Church	716-692-8683

North Tonawanda Food Pantry.....	716-692-8552
Pendleton Food Pantry	716-692-1478
Neighborhood Center – Niagara Community Action.....	716-694-9727
Twin Cities Community Outreach	716-693-6010
Faith United Methodist Church	716-694-2456

14172

Christian Methodist Church Food Pantry...	716-751-6057
Wilson Community Food Pantry	716-727-4074

14301, 14303, 14305

St. Joseph Outreach	716-383-7996
NICAP Niagara Falls Food Pantry	716-282-4375
Hannah House Food Pantry	716-341-1231
Community Missions, Inc. Food Pantry	716-285-3403
Niagara Falls Salvation Army.....	716-283-7697
Heart, Love & Soul Food Pantry	716-282-5681
Mt. Zion Missionary Baptist Church Food Bank.....	716-282-3655

Niagara County Office for Aging

Home-Delivered Meals	716-438-3030
Nutrition Education and Counseling/Nutrition Site Information	716-438-4020

LGBTQ+

Gay & Lesbian Youth Services of WNY, Inc.....	716-855-0221
www.glyswny.org	
Niagara Pride	716-298-7656
www.niagarapride.org	
Pride Center of WNY	716-852-7743
www.pridecenterwny.org	
P-FLAG Helpline (Parents, Families & Friends of Lesbian & Gay people)...	
.....	716-883-0384
www.pflagbuffalo.org	
The Trevor Project (24/7).....	1-866-488-7386
www.thetrevorproject.org	

Crisis intervention and suicide prevention for Lesbian, Gay, Bisexual, Transgender, & Questioning youth

GOVERNMENT

Clerks

City

Lockport.....	716-439-6676
Niagara Falls	716-286-4393
North Tonawanda.....	716-695-8555

Town

Cambria	716-433-7664
Hartland.....	716-735-7179
Lewiston	716-754-8213
Lockport.....	716-439-9524
Newfane	716-778-8822
Niagara	716-297-2150
Pendleton	716-625-8833
Porter.....	716-745-3730
Royalton	716-772-2431
Somerset.....	716-795-3575
Wheatfield	716-694-6441
Wilson.....	716-751-6704

Village

Barker	716-795-3777
Lewiston	716-754-8271
Middleport.....	716-735-3303
Wilson.....	716-751-6764
Youngstown.....	716-745-7721

New York State Department of Motor Vehicles

www.dmv.ny.gov

Lockport.....	716-438-4000
Niagara Falls	716-278-1970
North Tonawanda.....	716-743-4500

Niagara County Department of Health

www.niagaracounty.com

Main line.....	716-439-7430
Children with Special Needs (Lockport)	716-439-7460
Children with Special Needs (Niagara Falls)	716-278-8180
Environmental Health	716-439-7444
Environmental Health Division Childhood Lead Poisoning Prevention	716-278-8588
Financial Operations.....	716-439-7432
Public Health Emergency Preparedness.....	716-439-7431
Healthy Neighborhoods Program.....	716-439-7479

Immunization Program	716-278-1903
Nursing Division	716-278-1900
Public Health Education - Nursing.....	716-278-8596
Communicable Diseases Program.....	716-278-8598

New York State Department of Health: Consumer Health Care Complaints

www.health.ny.gov/health_care/consumer_information

Adult Care & Assisted Living.....	1-866-893-6772
Funeral Homes/Directors.....	518-402-0785
Home Care & Hospice	1-800-628-5972
Hospital Patient Care	1-800-804-5447
Nursing Homes.....	1-888-201-4563
Professional Medicaid Conduct	1-800-663-6114
Managed Care	1-800-206-8125

Niagara County Department of Social Services

www.niagaracounty.com

All Offices	716-278-8400
Adult Protective Services	716-278-8621
NYS Child Abuse Hotline.....	1-800-342-3720
HEAP (Home Energy Assistance Program)	716-278-8400
Home Care Department.....	716-278-8620
Investigative/Program Integrity	716-439-7788
Managed Care	716-439-7792
Medicaid.....	716-278-8400
Medical Transportation.....	1-866-753-4430
Non Public Assistance Daycare Program.....	716-439-7656
Nursing Home Unit – Lockport only.....	716-439-7728
Program Eligibility Department.....	716-278-8400
SNAP	716-278-8400
Support Collection Unit (Child Support).....	
.....	1-888-208-4485 / 716-278-8400
Work Relief/Employment Department (Niagara Falls)	
.....	716-278-8733
Work Relief/Employment Department (Lockport)	
.....	716-439-7666

Niagara County Government

www.niagaracounty.com

Office for the Aging	716-438-4020
Board of Elections - Voter Registration	
Democrat	716-438-4041
Republican	716-438-4040
Economic Development	716-278-8750

Civil Service.....	716-438-4071
Commissioner of Jurors.....	716-280-6450
County Attorney	716-439-7105
County Clerk	716-439-7022
Court Clerk.....	716-371-4000
District Attorney ..	716-439-7085 / 716-286-4518 / 716-439-7772
Employment & Training.....	716-278-8148
Health Department	716-439-7430
Legislature Office.....	716-439-7003
Mental Health & Substance Abuse Services	716-439-7410
Parks	716-439-7951
Pistol Permit Office.....	716-439-7034
Probation – Lockport.....	716-438-4055
Probation - Niagara Falls (Adult)	716-278-8122
Probation - Niagara Falls (Juvenile).....	716-278-8241
Probation - North Tonawanda.....	716-743-4526
Criminal Court Public Defender.....	716-439-7071
Family Court Public Defender.....	716-439-7071
Public Works.....	716-439-7242
Sheriff Department.....	716-438-3393
Social Services - All Offices	716-278-8400
Veterans Service Agency	716-438-4090
Youth Bureau.....	716-278-6872

HEALTH INSURANCE

Child Health Plus

www.health.ny.gov/health_care/child_health_plus

Children's Insurance Program

.....1-800-698-4543 / TTY 1-877-898-5849

NYS Health Insurance Marketplace

www.nystateofhealth.ny.gov

Enrollment Information.....1-855-355-5777

Healthy NY

www.health.ny.gov/publications/0548/healthy_new_york

Low-cost health insurance for individuals/small businesses

.....1-866-432-5849

NYS Medicaid1-800-541-2831

www.health.ny.gov/health_care/medicaid

Medicare Information

www.medicare.gov

Information Line 1-800-633-4227

TTY/TTD 1-877-486-2048

New York State Department of Health

www.health.ny.gov

Complaints about managed care 1-800-206-8125

Niagara County Department of Social Services

www.niagaracounty.com

All Offices 716-278-8400

Partnership for Prescription Assistance..... 1-888-477-2669

www.aafp.org

RX Assist..... 877-537-5537

www.rxassist.org

HEALTH SERVICES**Alzheimer's Association of WNY** 716-626-0600

www.alz.org/wny

24 Hour Helpline 1-800-272-3900

Amedisys Home Health Care..... 716-297-3310

www.amedisys.com

American Cancer Society

www.cancer.org

Cancer Helpline/Road to Recovery (transportation services).....

..... 1-800-227-2345

American Red Cross: Western New York Chapter..... 716-886-7500

www.redcross.org

Angel Flight NE..... 1-800-549-9980

www.angelflightne.org

Asthma Coalition of Erie, Monroe, & Niagara Counties..... 716-271-6388

www.acofemnc.org

Community Health Center of Buffalo 716-986-9199

www.chcb.net

Community Health Center of Lockport..... 716-986-9199

www.chcb.net

Deaf Access Services

www.wnydas.org

Main Offices 716-833-1637

Main Offices Videophone..... 716-335-9388

DeGraff Memorial Hospital 716-694-4500

www.kaleidahealth.org/degaff

Health Association of Niagara County, Inc. (HANCI)

www.hanci.com

Lockport.....	716-433-2664
Niagara Falls	716-285-8224
North Tonawanda.....	716-692-4855

Intandem

www.intandem.org

Niagara Intake	716-504-2625
Cattaragus Intake	716-375-4747

Lion's See, Inc. (free screenings for children)..... 716-881-7915

www.lionsSEEny.org

Haven of Hope Pregnancy Services..... 716-434-0251

www.havenofhopelockport.com

24 Hour Assistance	877-791-5475
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Medic Alert 1-888-633-4298

www.medicalert.org

Medicaid Dentists Information 1-800-541-2831**Medical Society of New York State** 716-285-5789**Catholic Health**..... 716-706-2112

www.chsbuffalo.org

Mt. St. Mary's Hospital	716-297-4800
Clearview Treatment Services.....	716-298-2115
Mental Health Counseling.....	716-706-2112

Niagara County Department of Health

www.niagaracounty.com

Mainline.....	716-439-7430
Children with Special Needs (Lockport)	716-439-7460
Children with Special Needs (Niagara Falls).....	716-278-8180
Environmental Health	716-439-7444
Environmental Health Division—Childhood Lead Poisoning Prevention	716-278-8588
Financial Operations.....	716-439-7432
Public Health Emergency Preparedness.....	716-439-7431
Healthy Neighborhoods Program.....	716-439-7479
Immunization Program.....	716-278-1903
Nursing Division.....	716-278-1900
Public Health Education - Nursing.....	716-278-8596
Communicable Diseases Program	716-278-8598

Niagara County Department of Social Services

www.niagaracounty.com

All Offices.....	716-278-8400
Home Care Department	716-278-8620

- Managed Care Department 716-439-7792
 Medicaid Department..... 716- 278-8400
 Medical Transportation..... 1-866-753-4430
 Nursing Home Unit..... 716-439-7728
Tuscarora Community Health Worker Program..... 716-297-0598
www.nfmmc.org
Niagara Falls Memorial Medical Center 716-278-4000
www.nfmmc.org
 CareExpress..... 716-278-4444
 Niagara Wellness Connection Center 716-278-4541
 Health Homes..... 716-278-4647/ 716-438-4490
 24 Hour Psychiatric Emergency Department..... 716-278-4395
Niagara Hospice.....716-439-4417 / 716-HOSPICE
www.niagarahospice.org
NY Connects..... 1-800-342-9871
www.nyconnects.ny.gov
 Niagara County NY Connects 716-438-3030
Visually Impaired Advancement (VIA)..... 716-882-1025
www.viawny.org
Planned Parenthood of Western New York 1-866-600-6886
www.plannedparenthood.org
 Niagara Falls 1-866-600-6886
 North Tonawanda 1-866-600-6886
Roswell Park Cancer Institute
www.roswellpark.org
 General Information/Cancer Information.....
 1-800-767-9355/716-845-2300
 Patient Information..... 716-845-1523
 Resources for Patients & Family 716-845-86-59
 Physician Referral..... 716-845-7763
 Case Management 716-845-5735
 Social Work 716-845-8022
 Patient Advocates 716-845-1365/716-845-2981
 Spiritual Care..... 716-845-1300
Tuscarora Community Health Workers Program 716-297-0598
www.nfmmc.org
University of Buffalo Dental Clinic 716-262-9750
dental.buffalo.edu/patients
Venture Forthe, Inc. (traumatic brain-injured individuals)
 716-285-8070 / 1-800-701-1233
www.ventureforthe.com

Visiting Nurses Association 716-243-7800
www.vnawny.org

HOUSING

Belmont Shelter Corporation

www.belmonthousingwny.org
 Central Office..... 716-884-7791
 Niagara County Office 716-213-2784

Buffalo Federation of Neighborhood Centers 716-856-0363
www.bfnc.com

Community Missions

www.communitymissions.org
 Main Office 716-285-3403
 PASSAGE Program (DV) 716-285-6984
 Emergency Housing & Crisis Shelter 716-285-3403
 CHOICES Mental Health Housing 716-285-3403
 Aurora House (Youth)..... 716-433-1905

Habitat for Humanity

www.habitat.org
 Lockport..... 716-433-5073
 Niagara Falls 716-265-9010

Immaculata Home.....716-727-0003
www.immaculatahome.org

Lockport Housing Authority

www.lockporthousingauthority.com
 Main Office 716-434-0001
 Section 8 Office 716-434-3627

Lockport CARES..... 716-438-2273
www.lockportcares.org

Niagara County Department of Social Services

www.niagaracounty.com
 All Offices..... 716-278-8400
 Program Eligibility Department (Family Assistance, Safety Net, Temporary Disability Assistance, SNAP - EBT)..... 716-278-8400

Niagara Falls Housing Authority

www.nfha.org
 Main Office 716-285-6961
 Packard Court Community Center 716-278-0228
 Senior Services Department..... 716-278-0228

Niagara Gospel Mission..... 716-205-8805
www.niagaragospelmission.org

Niagara Heritage of Hope and Service

www.historicht.org

Community Thrift Store..... 716-299-0799

Section 8 Housing

Lockport 716-434-3627

Niagara Falls 716-286-8820

North Tonawanda (Belmont Shelter)..... 716-213-2787

YWCA

www.ywcaniagarafontier.org

Lockport 716-433-6714

Tonawanda's 716-692-5580

Carolyn's House..... 716-278-9662

Crisis Hotline 716-433-6716

LAW ENFORCEMENT**New York State Police** 866-SAFE-NYS

www.troopers.ny.gov

Lockport 716-434-5588

Niagara Falls 716-297-0755

Niagara County Family Court

www.niagaracounty.com

Lockport 716-280-6500

Niagara Falls 716-278-1877

Niagara County Sheriff's Office 716-438-3393

www.niagarasheriff.com

Police (Information)

Lockport P.D. 716-433-7700

Niagara Falls P.D..... 716-286-4568

North Tonawanda P.D..... 716-692-4317

LEGAL ISSUES**Child & Family Services**

www.cfsbny.org

Community Mediation Center 716-362-2323

Community Missions 716-285-3403

www.communitymissions.org

Juvenile Re-Entry

Parole Re-Entry

Lawyer Referral & Information Services 1-800-342-3661

www.findalawyernys.org

Mental Hygiene Legal Services	716-845-3650
www.nycourts.gov/courts	
Neighborhood Legal Service	716-284-8831
www.nls.org	
New York State Office of the Attorney General	
www.ag.ny.us	
Buffalo Office	716-853-8400
General Helpline	1-800-771-7755
Medicaid Fraud Reporting	212- 417-5397
New York State Unified Court System -Legal Assistance	
.....	1-800-268-7869
www.nycourt.gov/courthelp	
Niagara County Family Court	
www.niagaracounty.com	
Lockport	716-439-7170
Niagara Falls	716-278-1877
Police (Information)	
Lockport P.D	716-433-7700
Niagara Falls P.D	716-286-4568
North Tonawanda P.D	716-692-4317

MENTAL HEALTH

Anchoring Hope of NY	website only
www.anchoringhope.org	
Buffalo Psychiatric Center	716-816-2014
www.omh.ny.gov	
Buffalo Federation of Neighborhood Centers	716-856-0363
www.bfnc.com	
North Tonawanda Recovery & Treatment Center	716-694-1225
www.omh.ny.gov	
Catholic Charities	
www.ccwny.org	
Service Information & Referral.....	716-856-4494
Lockport Office	716-433-0246
Niagara Falls	716-282-2351
North Tonawanda.....	716-694-7749
Monsignor Carr Children's Clinic	
Lockport.....	716-478-0315
Niagara Falls	716-205-0825
North Tonawanda.....	716-694-7749

Monsignor Carr Referrals	1-877-448-4466
Multi-Systemic Therapy	
Niagara Falls	716-282-4991
Lockport	716-478-0035
North Tonawanda	716-282-4991
WIC Niagara County	716-218-1484
Community Missions	716-285-3403
www.communitymissions.org	
Aurora House	716-433-1905
Hope House - Peer Recovery Respite Center / Recovery Line	716-433-6543
Niagara Visions PROS	716-205-8708
Niagara Falls Respite Services	716-285-3403
Transportation	716-282-5403
Youth Services	716-285-3403 Ext. 2231
Dale Association	
www.daleassociation.com	
Administrative Offices	716-433-4440
Mental Health Peer Specialist	716-433-1937 ext. 205
Outpatient Counseling and Treatment Center	716-693-9961
PROS Center for Wellness	716-433-1937
Pinnacle Community Services	
www.pinnaclecs.org	
Lockport	716-433-6019
Niagara Falls (PASSAGE)	716-285-6984
Youth Shelter	716-285-7125
Family Services	716-285-6984
Horizon Health Services	716-831-1800
www.horizon-health.org	
Aurora Village (Sanborn)	716-219-8700
Boulevard Recovery Center (Tonawanda)	716-833-3708
Delta Village (Sanborn)	716-638-9222
Freedom Village (Sanborn)	716-250-1860
Horizon Village (Sanborn)	716-731-2030
Lockport Recovery Center	716-433-2484
Niagara Falls Recovery Center	716-283-2000
Pine Avenue Recovery Center (Niagara Falls)	716-505-1060
Sanborn Recovery Center	716-650-5550
Tonawanda Recovery Center	716-831-1850

Intandem

www.intandem.org

- Niagara Intake 716-504-2625
 Cattaraugus Intake 716-375-4747
Isaiah Mantooth-Jordan.....716-418-3885
 21 Main St., Suite 1-10C, Lockport, NY 14094
Jewish Family Service 716-883-1914
www.jfsbuffalo.org
Mental Health Association in Niagara County, Inc.
www.mhanc.com
 Main Offices 716-433-3780
 Community Education and Trainings
 Consumer Planning Advisory Committee (C.P.A.C.)
 Compeer Niagara for Adults and Kids
 Respite
 Peer Programs
 Support Groups
 County-Wide Helpline 716-433-5432
Mental Hygiene Legal Services
www.nycourts.gov/courts/ad4/MHLS
 Buffalo Offices 716-845-3650
National Alliance on Mental Illness (NAMI).....716-226-6264
www.namibuffalony.org
New Directions Youth & Family Services
www.fosteringgood.org
 Henrietta G. Lewis Campus School..... 716-433-9592
 Wyndham Lawn Campus..... 716-433-4487
 Wayne A. Secord Therapeutic Preschool 716-433-9592
Niagara County Department of Mental Health
www.niagaracounty.com
 24-Hour Crisis Services 716-285-3515
 Adult Mental Health Clinic (Lockport)..... 716-439-7400
 Adult Mental Health Clinic (Niagara Falls) 716-278-1940
 Assisted Outpatient Treatment (AOT)..... 716-285-3518
 NC Drug Abuse Program..... 716-278-8110
 Forensic Case Management Program 716-285-3515
 Single Point of Access for Adults (S.P.O.A.)..... 716-439-7527
 Single Point of Access for Children (C.S.P.O.A.) 716-438-3071
 On-site Education, Training, & Presentations 716-439-7418
 Trauma Specialty Services (Lockport) 716-439-7400
 Trauma Specialty Services(Niagara Falls) 716-278-1940

Niagara Falls Memorial Medical Center	716-278-4000
www.nfmmc.org	
Niagara Wellness Connection Center.....	716-278-4541

USPS OFFICES

www.usps.com

USPS	1-800-275-8777
Appleton.....	716-778-7787
Barker	716-795-3684
Gasport.....	716-772-7535
Lewiston	716-754-8000
Lockport.....	716-514-5000
Middleport	716-735-3300
Newfane	716-778-8111
Niagara Falls - La Salle Station.....	716-513-1014
Niagara Falls - Main Street	800-275-8777
Niagara Falls - Market Station.....	716-284-0233
Niagara University.....	716-285-2655
North Tonawanda	716-799-6801
Olcott.....	716-778-8992
Ransomville	716-791-3223
Sanborn	716-731-3414
Wilson.....	716-751-9340
Youngstown.....	716-745-9743

PUBLIC LIBRARIES

www.nioga.org

Barker	716-795-3344
Lewiston	716-754-4720
Lockport.....	716-433-5935
Middleport	716-735-3281
Newfane	716-778-9344
Niagara Falls - La Salle Branch.....	716-283-8309
Niagara Falls - Main Street Branch.....	716-286-4894
NIOGA Library System	716-434-6167
North Tonawanda	716-693-4132
Ransomville	716-791-4073
Sanborn	716-731-9933
Wilson.....	716-751-6070
Youngstown.....	716-745-3555

SENIOR CITIZENS

- Alzheimer's Association of WNY** 716-626-0600
www.alz.org/wny
 24 Hour Helpline.....1-800-272-3900
- Buffalo Federation of Neighborhood Centers** 716-856-0363
www.bfnc.com
- Dale Association**
www.daleassociation.com
 Administrative Offices 716-433-4440
 C.A.R.E. Telephone Reassurance Program 716-433-1886
 Center for Travel 716-433-1886
 Dial-A-Lift Transportation to Senior Centre 716-433-1886
 Lockport Senior Center..... 716-433-1886
 Memory Minders..... 716-433-1886
 PROS Center for Wellness 716-433-1937
 Senior Advocate 716-433-1886
 Vision & Hearing Assistance Program 716-433-1886
 Volunteer Opportunities 716-433-1886
- EPIC (Elderly Pharmaceutical Insurance Coverage)** 1-800-332-3742
https://www.health.ny.gov/health_care/epic/
 TTY 1-800-290-9138
- HART Interface** 716-754-8313
www.hartprogram.org
- Health Association of Niagara County, Inc. (Hanci)**
www.hanci.com
 Lockport..... 716-433-2664
 Niagara Falls 716-285-8224
 North Tonawanda..... 716-692-4855
- Lifeline** 1-855-681-5351
www.lifeline.philips.com
- Meals on Wheels**
 Lockport..... 716-433-6811
 Niagara Falls 716-282-3468
 North Tonawanda (www.tcmow.com)..... 716-693-1663
- Medic Alert** 1-800-432-5378
www.medicalert.org
- Medicare Information** 1-800-633-4227
www.medicare.gov
 TTY 1-877-486-2048

Niagara County Department of Social Serviceswww.niagaracounty.com

All Offices	716-278-8400
Adult Protective Services	716-278-8621
Home Care Department.....	716-278-8620
Managed Care Department	716-439-7792
Medicaid Department.....	716-278-8400
Medical Transportation	1-866-753-4430
Nursing Home/Chronic Care Unit	716-439-7728
Program Eligibility Department (Family Assistance, Safety Net, Temporary Disability Assistance, Food Stamps)	716-278-8400

Niagara County Office for Aging 716-438-4016www.niagaracounty.com

Expanded In-Home Services for the Elderly (EISEP)	716-438-4020
Home Care	716-278-8620
NY Connects Niagara County	716-438-3030
SNAP	716-278-8400
Caregiver Program	716-438-3030
Home-Delivered Meals	716-438-3030
Nutrition Education and Counseling/Nutrition Site Information	716-438-4020
Home Energy Assistance Program (HEAP)	716-438-4016
Legal Services	716-438-4020
Medical Van	716-438-3030
NiaCAP (Weatherization)	716-285-9681/716-433-6632

NY Connects..... 716-438-3030www.niagaracounty.com/aging/Services/NY-Connects**Senior Citizens Centers and Clubs**

Lockport Senior Centre	716-433-1886
John Duke Senior Center (Niagara Falls).....	716-297-9324
Lewiston Senior Center	716-754-2071
Newfane Golden Age Club	716-201-9820
Senior Center of North Tonawanda.....	716-695-8582
Town of Niagara Community Center	716-297-5243
Wheatfield Senior Center	716-694-8504
Lewiston Senior Center	716-745-2071

United States Social Security Administrationwww.ssa.gov

Hotline and Information	1-800-772-1213
TTY Hotline and Information.....	1-800-325-0778
Niagara Falls.....	1-877-480-4992

SPECIAL INTERESTS

Alzheimer's Association of WNY

www.alz.org/wny

24/7 HELPLINE 800-272-3900

Western NY Chapter 716-626-0600 Ext. 313

Anchoring Hope of NY website only

www.anchoringhope.org

Americans with Disabilities Act Information

www.ada.gov

Information Line 1-800-514-0301

TTY Information Line 1-833-610-1264

Children's Single Point of Access (C.S.P.O.A.) 716-438-3071

www.niagaracounty.com

Community Missions 716-285-3403

www.communitymissions.org

Aurora House 716-433-1905

Hope House - Peer Recovery Respite Center / Recovery Line
..... 716-433-6543

Niagara Visions PROS 716-205-8708

Niagara Falls Respite Services 716-285-3403

Transportation 716-282-5403

Youth Services 716-285-3403 Ext. 2231

PASSAGE Program (DV) 716-285-6984

Emergency Housing & Crisis Shelter 716-285-3403

CHOICES Mental Health Housing 716-285-3403 Ext. 2275

Juvenile Supported Case Management... 716-285-3403 Ext. 2264

Mark's Place (HIV/AIDS Residence) 716-285-3403

Parole Re-Entry 285-3403 Ext. 2258

Family Solutions Program 716-278-8241 Ext. 2272

Community Services For Every1 716-883-8888

www.csevery1.com

Community Referrals / HELP 716-883-8002

Dale Association

www.daleassociation.com

Administrative Offices 716-433-4440

C.A.R.E. Telephone Reassurance Program 716-433-1886

Center for Travel 716-433-1886

Dial-A-Lift Transportation to Senior Centre 716-433-1886

Memory Minders 716-433-1886

PROS Center for Wellness 716-433-1937

Vision & Hearing Assistance Program.....	716-433-1886
Volunteer Opportunities.....	716-433-1886

Deaf Access Services

www.wnydas.org

Main Offices	716-833-1637
Main Offices Videophone	716-335-9192
For Interpreter services	716-535-1603

Developmental Disabilities Alliance of WNY..... 585-794-0408

www.ddawny.org

GuildCare Adult Day Program

www.lighthouseguild.org

Niagara Falls	716-285-3499
TTY.....	800-284-4422 711

Hispanic Access Foundation..... 202-640-4342

www.hispanicaccess.org

Western New York Independent Living, Inc...... 1-855-366-1042

www.wnyil.org

Independent Living of Niagara Falls (Voice/TDD) ... 716-284-4131

International Institute of Buffalo..... 716-833-1900

www.iibuffalo.org

Learning Disabilities Association of WNY..... 716-874-7200

www.ldaofwny.org

Lifeline..... 1-855-681-5351

www.lifeline.philips.com

Mental Health Association in Niagara County, Inc.

www.mhanc.com

Main Offices	716-433-3780
Community Education and Trainings	
Consumer Planning Advisory Committee (C.P.A.C.)	
Compeer Niagara for Adults and Kids	
Respite	
Peer Programs	
Support Groups	
County-Wide Helpline.....	716-433-5432

National Alliance for Hispanic Health

www.healthyameri.org

The National Hispanic Family Health Helpline..... 1-866-783-2645

Empower-formerly Niagara Cerebral Palsy

www.empower-wny.org

Administrative Office	716-297-0798
Job Placement.....	716-284-0851
Elders Day Program.....	716-371-0728

- Community Housing716-297-0798 Ext. 134
 Children's Academy716-297-1478 Ext. 160
Niagara County Coalition for Suicide Prevention..... 716-439-7400
Niagara County Department of Health
www.niagaracounty.com
 Mainline 716-439-7430
 Children with Special Needs - Lockport 716-439-7460
 Children with Special Needs - Niagara Falls..... 716-278-8180
 Environmental Health 716-439-7444
 Environmental Health Division Childhood Lead Poisoning Prevention
 716-278-8588
 Healthy Neighborhoods Program 716-439-7479
 Immunization Program 716-278-1903
 Nursing Division 716-278-1900
 Public Health Education - Nursing 716-278-8596
 Communicable Diseases Program 716-278-8598
- Intandem**
www.intandem.org
 Niagara Intake..... 716-504-2625
 Cattaragus Intake 716-375-4757
- People, Inc.** 716-634-8132 / 1-888-773-6753
www.people-inc.org
 Admissions WNY 833-404-0032
 Deaf Access Services 716-833-1637
 General Inquires WNY..... 716-817-7400
 Programs and Services 716-817-7400
- Single Point of Access (S.P.O.A.) for Adults and Children..** 716-439-7527
www.niagaracounty.com
- Venture Forthe, Inc.** (traumatic brain-injured individuals)
 716-285-8070/1-800-701-1233
www.ventureforthe.com
- New York State Education Department**
www.acces.nysed.gov
 NYSED General Information..... 518-474-3852
 ACCES-VR 1-800-222-5627
 TASC (Formerly GED) 518-474-5906
- Women's Respite Program** 716-246-2065
www.womensrespite.org

TRANSPORTATION

- Community Missions** 716-282-5403
www.communitymissions.org
- Dale Association**.....716-433-4440
www.daleassociation.com
- Health Association of Niagara County, Inc. (HANCI)**
www.hanci.com
 Lockport..... 716-433-2664
 Niagara Falls 716-285-8224
 North Tonawanda 716-692-4855
- Niagara County Department of Social Services**
www.niagaracounty.com
 Medical Transportation.....1-866-753-4430
- Niagara County Office for Aging**
www.niagaracounty.com
 Medical Van..... 716-438-3030
- Niagara Falls Memorial Medical Center**
www.nfmmc.org
 CareExpress 716-278-444
- Niagara Frontier Transportation Authority-Metro Bus**
metro.nfta.com
 Para-transit Service (curb-to-curb disability service).....
 716-855-7268
 Niagara Frontier Trans Authority 716-855-7300
 Niagara Frontier Tans Authority TTY..... 800-622-1220
 Customer Care/General Information 716-855-7211
- Rural Niagara Transportation (wheelchair transp.)** 716-285-9357
- Save the Michaels of the World, Inc.** 716-984-8375
www.savethemichaels.org
 Transportation Services..... 716-984-8375
**Transportation to rehabilitation facilities*
- Tri Community Ambulance Service** 716-731-2604
www.tricommunityambulance.org
- Tri-Town Ambulance Service, Inc.**..... 716-735-7000
www.tri-townambulance.org
- Twin City Ambulance**
www.tcaems.com
 Emergency..... 716-692-2100
 Non-Emergency 716-692-2342
- Union Transportation Services**..... 716-433-2222

UTILITIES

Allconnect (Internet Shopping Services)..... 844-845-3968

www.allconnect.com

Assurance Wireless (Federal lifeline assistance program)

www.assurancewireless.com

Information Line..... 1-888-321-5880 / 1-888-898-4888

Empower+

www.nyserda.ny.gov/All-Programs/Empower-New-York-Program

Main Offices 518-862-1090 OR 866-697-3732

Information Line..... 866-697-3732

H.E.A.P. (Home Energy Assistance Program)..... 1-800-342-3009

www.otda.ny.gov

Niagara County Department of Social Services 716-278-8400

Niagara County Office for the Aging (over 60)..... 716-438-4020

National Fuel

www.natfuel.com

Gas Emergencies (24/7) 1-800-444-3130 (TTY 711)

Customer Service..... 1-800-453-3513

New York

Buffalo Area..... 716-686-6123

Outside Buffalo Area 1-800-365-3234

Before You Dig, Call..... 811 or 1-800-962-7962

National Grid

www.nationalgrid.com

Gas Emergencies (24/7) 1-800-892-2345

Power Outages (24/7) 1-800-867-5222

Customer Service 1-800-642-4272 (TTY 711)

Payment Arrangements 1-800-443-1837

Dig Safe..... 811 or 1-800-962-7962

Neighbor for Neighbor (utility assistance from National Fuel)

www.nationalfuel.com/utility/payment-assistance-programs/neighbor-for-neighbor

The Salvation Army 716-888-6261

Catholic Charities 716-856-4494

New York Public Service Commission

www.dps.ny.gov

Energy Service Company Complaints..... 1-888-697-7728

Gas, Electric Shutoff 1-800-342-3355

HEAP grants for people aged 60+ 1-800-342-9871

Service/Billing Complaints..... 1-800-342-3377

New York Relay Service	711
www.nyrelay.com	
Costumer Services	800-676-3777 (TTY/Voice)
Español/Spanish	800-676-4290
Speech-to-Speech only	877-787-1989
Voice Carry-Over only	866-931-9027
Niagara Community Action Program (NIACAP)	716-285-9681
www.niagaracommunityactionprogram.org	
Rural Preservation	716-434-4679
Weatherization Assistance	716-285-9681
NYSEG (New York State Electric & Gas)	
www.nyseg.com	
Billing inquiries, turn-ons/turn-offs, information	1-800-572-1111
Credit assistance, payment arrangements	1-888-315-1755
Electricity Interruptions/emergencies	1-800-572-1131
Natural Gas odors/emergencies	1-800-572-1121
Safelink (Free cell phone and minutes for income eligible)	
.....	1-800-723-3546
www.safelinkwireless.com	
Spectrum	1-833-949-0036
www.spectrum.com	
Lifeline Services	
www.lifelinesupport.org	
Low-cost telephone service	1-800-234-9473
The WNY Clean Energy Hub	716-886-1780
www.pushgreen.org	
Verizon	
www.verizon.com	
Costumer Service	1-888-294-6804
National Accessibility	1-888-262-1999
Mobile devices/plans	1-800-922-0204
Home internet, TV, phone services	1-800-837-4966
Customers with Disabilities Voice & TTY	1-800-974-6006
Payment Information/Arrangements	1-800-837-4966

VETERANS

Buffalo Veteran's Center	716-862-7350
www.va.gov	
Niagara County Veteran's Service Agency	716-438-4090
www.niagaracounty.com	

S.E.R.V. Niagara	716-438-5437
www.servniagara.org	
U. S. Department of Veterans Affairs	1-800-698-2411
www.va.gov	
Education (GI Bill)	1-888-442-4551
VA Benefits Hotline	1-800-827-1000
Special Issues Helpline.....	1-800-749-8387
My HealtheVet Help Desk	1-877-327-0022
Health Care Benefits.....	1-877-222-8387
Income Verification and Means Testing.....	1-800-929-8387
Life Insurance	1-800-669-8477
Status of Headstones and Markers	1-800-697-6947
Telecommunications Device for the Deaf (TDD) ..	1-800-829-4833
Veterans Administration Transportation Services	
www.visn2.va.gov/vet/dav.asp	
DAV Transportation Network	716-862-6544
Veterans Transportation System.....	716-862-6800
Veterans Administration WNY Healthcare System	1-800-532-8387
Buffalo VA Medical Center	716-834-9200
Lockport VA Clinic.....	716-438-3890
Niagara Falls VA Clinic	716-862-8580
VA Mental Health Services	716-862-3117
Medical Alert Program	1-800-877-9676
Veterans One-stop Center of Western New York, Inc.	716-898-0110
www.vocwny.org	
Veteran's Peer Support Line (Vet2Vet)	1-877-838-2838
Veterans Suicide Hotline	1-800-273-8255 Press 1
WNY Heroes	716-630-5020
www,wnyheroes.org	

Helpful Hints

- When looking for mental health care you may want to call your insurance provider to see what they will pay for.
- Check your insurance for member benefits. You may be able to get a gym membership or attend fitness classes at a discounted price.
- Talk with your primary doctor about your mental health struggles and see what they can recommend that will be covered by your insurance.

- A great way to reach out, get connected, or receive support is by calling Niagara County Crisis Services at 716-285-3515. Crisis Services is available 24/7!
- For general information about services in Niagara County and surrounding counties, call 716-433-5432.

MENTAL HEALTH ASSOCIATION IN NIAGARA COUNTY

PROGRAMS AND SERVICES

Educational Services

Call us at 716-433-3780 to request materials or schedule a training or a presentation on a variety of mental health-related topics.

Presentations

We provide FREE educational presentations for all ages on a variety of mental health topics. We promote mental wellness while educating about mental illness.

Educational Resources

You can find helpful links and resources through our website and social media accounts. Visit www.mhanc.com to get started. We offer free educational brochures upon request and a free lending library of books and videos at our office at 36 Pine Street in Lockport, NY.

Information and Referral

Help Line – We have one phone number for all of Niagara County: 716-433-5432. Staff from the Mental Health Association will offer information about the organizations listed in this booklet Monday-Friday 8:30 am-4:00 pm.

Help Book – We update and print this book regularly. You are using the 35th edition. Access it online at www.mhanc.com.

Support Groups and More

Support Groups - We sponsor several Support Groups throughout Niagara County. Call the MHA at 716-433-3780 for topics, dates, times, and locations.

Compeer Niagara

Adult Program - Compeer for Adults matches adult participants and volunteers who share similar interests. The pairs talk and spend quality time together throughout the month. Compeer friends share, listen, and provide support. Compeer for Adults also offers monthly group activities, which allow participants to explore new interests throughout the county, as well as form friendships with other participants and volunteers within the Compeer Program.

Youth Program - Children who are in need of a positive adult role model and a trusted friend are matched with trained and screened volunteers for one-on-one friendship and mentorship. Each child and his or her match spend time together throughout the month enjoying each other's company and having fun! Compeer for Youth also offers monthly group activities, which allow youth participants to try new, fun activities and explore different interests throughout the county, while spending quality time with other youth participants.

**Compeer Niagara is always accepting applications for NEW volunteers*

Respite Program

We provide a planned break for parents in Niagara County raising a child(ren) 17 years of age or younger with a mental health diagnosis. Respite workers are screened and trained.

Consumer Services

Peer Advocacy

We provide mental health support for recipients of mental health services in the community and for patients receiving treatment at Niagara Falls Memorial Medical Center, Trott ACCES Center, and the NCDMH Lockport clinics. Peer

Specialists work with the clients, as well as family members, providing reassurance and notifying clients of all available services.

Consumer Planning Advisory Committee (CPAC)

The CPAC Committee is comprised of mental health consumers who meet once a month to provide input into the local planning process. The mission of CPAC is to promote and advocate for comprehensive services within Niagara County that foster recovery, rehabilitation, and respect for the rights of the consumers they serve.

HOPE House/Hospital Diversion

The HOPE House is a peer recovery respite house located in Lockport, NY and is meant as a hospital diversion program for adults (18 years or older) with a mental illness. The MHA, Community Missions, and the Niagara County Department of Mental Health (NCDMH) all collaborate on this temporary housing facility.

The Mission of The Mental Health Association in Niagara County, Inc. is to promote mental wellness by sponsoring and implementing advocacy, education, and community service programs.



MENTAL HEALTH ASSOCIATION
in Niagara County

36 PINE STREET · LOCKPORT, NY 14094
(716) 433-3780

WWW.MHANC.COM

For information on our programs or additional
copies of this booklet, please contact us.

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